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Registered Charity 1181861

Cambridgeshire-based mental health charity wins government funding

Cambridgeshire Consultancy in Counselling (CCC) has been awarded government funding which will allow it to provide counselling to 70 people.

The funding from the Coronavirus Community Support Fund, distributed by The National Lottery, will provide the charity with the budget to offer affordable counselling services for 70 individuals and to cover internal costs. The Charity has been awarded nearly £70,000.

CCC is a mental health charity that has worked to provide affordable counselling and services to organisations and individuals in the local community over the past 42 years. Their services help those in need that either can't afford to pay for market rate counselling or wait for a GP referral – which can sometimes take up to 16 weeks.

Judie Jones, Director at CCC, said: “Receiving this funding from the Coronavirus Community Support Fund is a fantastic achievement for the Charity and we couldn't be more grateful. The funding will allow us to provide counselling to 70 people in need who can't access the services in another way. It really is a life-changing opportunity for those people and will allow us to continue our services for other individuals and organisations as a result.”

The need for counselling support has grown during the pandemic, and charities such as CCC are able to offer the support that many people need. Judie continued “This grant is a testament to all our counsellors and trustees, and we are delighted to have been recognised for our work. We are all incredibly grateful for the support from the Government and The National Lottery.”

The charity currently provides its services to individuals and organisations across Cambridgeshire and surrounding counties, while also working alongside charities such as Little Miracles and the Light Project to support staff and service users. Between August 2019 and August 2020, CCC delivered 5,382 counselling sessions to both corporate clients and individuals.

To find out more and enquire about CCC's services, please visit:

<http://www.cambridgeshirecounselling.org.uk/>